

February 2, 2026

Stress Management for Legal Professionals 2026: Bolstering Your Emotional Intelligence



CHAIR: **Dr. Mamta Gautam**, MD, MBA, FRCPC, CPDC, CCPE, CPE,
President and CEO, *PEAK MD Inc.*

April 8, 2026
10:00 a.m. to 12:00 p.m.
Total CPD Hours = 2 h Professionalism ^P

Webcast
Law Society of Ontario

SKU CLE26-00401

Agenda

10:00 a.m. – 10:05 a.m. Welcome

Moderators: Ren Bucholz, *Paliare Roland Rosenberg Rothstein LLP*

Deborah Moriah, *Moriah Paralegal: Legal & Administrative Services*

Speaker: **Dr. Mamta Gautam**, MD, MBA, FRCPC, CPDC, CCPE, CPE,
President and CEO, *PEAK MD Inc.*

10:05 a.m. – 11:00 a.m.

How to Bolster Your Emotional Intelligence

Dr. Mamta Gautam, MD, MBA, FRCPC, CPDC, CCPE, CPE,
President and CEO, *PEAK MD Inc.*

11:00 a.m. – 11:40 a.m.

**Fireside Chat: Emotional Intelligence in the Context of
Practicing Law/Providing Legal Services**

Moderators: Ren Bucholz, *Paliare Roland Rosenberg Rothstein LLP*

Deborah Moriah, *Moriah Paralegal: Legal & Administrative
Services*

Speaker: Dr. Mamta Gautam, MD, MBA, FRCPC, CPDC, CCPE, CPE,
President and CEO, *PEAK MD Inc.*

11:40 a.m. – 12:00 p.m.

Question and Answer Session

12:00 p.m.

Program Ends