


March 20, 2025

Nutrition, Exercise, and Sleep

CO-CHAIRS: **Marlee Boyle, BSc, RRT, CCSH**
Sleep Works Consulting

Leah Corkum, LPN
Sleep Works Consulting

June 5, 2025
1:15 p.m. to 1:45 p.m.
Total CPD Hours = 30 m Professionalism 

Webcast
Law Society of Ontario

SKU CLE25-00601

Agenda

1:15 p.m. – 1:30 p.m.	The Relationship Between Sleep & Nutrition
1:30 p.m. – 1:45 p.m.	The Relationship Between Sleep & Exercise
1:45 p.m.	Program Ends