

Mental Health Summit for Legal Professionals 2024



CO-CHAIRS: **Beth Beattie**, LSM, Senior Counsel
Ministry of the Attorney General

Teresa Donnelly, West Region Sexual Violence Crown,
Sexual Violence Advisory Group, *Ministry of the Attorney General*

May 7, 2024

9:00 a.m. to 1:00 p.m.

Total CPD Hours = 4 h EDI Professionalism 

Live Webcast Only
Law Society of Ontario

SKU CLE24-00503

Agenda

9:00 a.m. – 9:10 a.m.

Welcome and Opening Remarks

Beth Beattie, LSM, Senior Counsel, *Ministry of the Attorney General*

Teresa Donnelly, West Region Sexual Violence Crown,
Sexual Violence Advisory Group, *Ministry of the Attorney General*

The Honourable Arif Virani, Minister of Justice and Attorney General of Canada

9:10 a.m. – 10:05 a.m. Prevention, Understanding and Hope: Addressing Suicide in the Legal Professions

Jasdeep Bal, *Perlin Bal Figol LLP*

Orlando Da Silva, LSM
Chief Administrator/Chief Executive Officer
Administrative Tribunal Support Service of Canada

Dr. Ishrat Husain, Senior Scientist and Lead, Mood Disorders Service, *Centre for Addiction and Mental Health (CAMH)* and Associate Professor of Psychiatry, *University of Toronto*

10:05 a.m. – 10:20 a.m. Question and Answer Session

10:20 a.m. – 10:30 a.m. An Introduction to Mindfulness and a Guided Meditation

Dr. Thomas G.W. Telfer, Faculty of Law, *Western University*

10:30 a.m. – 10:45 a.m. Break

10:45 a.m. – 11:30 a.m. Unravelling Perfectionism in the Legal Professions

Moderator: Courtney Harris, Judicial Research Lawyer
Ontario Court of Appeal

Speakers: Chantelle Campbell, *Legal Advocacy Services*

Dr. Thomas Curran, Professor of Psychology
London School of Economics and Political Science

Leena Yousefi, *YLAW*

11:30 a.m. – 11:45 a.m. Question and Answer Session

11:45 a.m. – 12:00 p.m.	Break
12:00 p.m. – 12:45 p.m.	Beyond Stigma: Cultivating Awareness of Anxiety, OCD and Eating Disorders <i>Doron Gold, Doron J. Gold, Psychotherapy and Wellness Education</i> <i>Riel Hishon, Crown Counsel, Ministry of the Attorney General</i> <i>Ryan Middleton, Dentons Canada LLP</i> <i>Courtney Wilson, Rachlin & Wolfson LLP</i>
12:45 p.m. – 1:00 p.m.	Question and Answer Session
1:00 p.m.	Program Ends