

The Intersection between Mental Well-Being and Litigation Practice

CHAIR: **Doron Gold**, Staff Clinician, *Homewood Health*

May 2020

Total CPD Hours = 1 h + 55 min Professionalism  + 20 m EDI Professionalism 

**Law Society of Ontario
Pre-recorded Webcast
Toronto, ON**

SKU CLE20-00501



Agenda

Welcome and Opening Remarks

Doron Gold, Staff Clinician, *Homewood Health*

The Stress of Litigation: A Real Life Story and Statistics

Beth Beattie, *Ontario Ministry of the Attorney General*

Understanding Inherent Stresses of the Profession and Barriers to Health and Wellness (Ordinarily and in the “New Normal” of the Pandemic Era)

Doron Gold, Staff Clinician, *Homewood Health*

**Wellness Strategies: How to Help Yourself
Especially at this Point in Time**

Doron Gold, Staff Clinician, *Homewood Health*

Beth Beattie, *Ontario Ministry of the Attorney General*

**Racial Discrimination and Sexual Harassment in the Workplace
(20 minutes 🕒)**

Jennifer Chan, *JTC Litigation*

Follow-Up Discussion

Doron Gold, Staff Clinician, *Homewood Health*

Jennifer Chan, *JTC Litigation*

Program Round Up & Debrief

Doron Gold, Staff Clinician, *Homewood Health*

Beth Beattie, *Ontario Ministry of the Attorney General*

Jennifer Chan, *JTC Litigation*

Program Ends